



ANOGI

KYTHIRA, GREECE

Our Favourite Places

Beaches · Dining · Good to Know

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Our Favourite Beaches

Kythira, Greece

Kythira sits at the meeting point of three seas — the Aegean, the Cretan, and the Ionian — and its coastline reflects that convergence. These are the beaches we love and keep coming back to.

1. Kaladi

Three coves divided by boulders, grey pebbles, surreal turquoise water. Cave leads to secret pocket beach. First cove busy Aug; second and third quieter.

Faces	East
Organised	No
Access	Mod–Hard — dirt road + 120 steps
Food	Canteen top of steps
Sunset	No — great sunrise
Notes	Bring shade. Arrive early Aug

2. Chalkos

South-facing cove near Kalamos. Sheltered from almost all winds. Red pebbles, crystalline water.

Faces	South
Organised	Yes — sunbeds, canteen
Access	Easy — asphalt
Food	Canteen on beach
Sunset	Partial
Notes	Most reliable in wind

4. Melidoni

SW-coast cove. Fine sand, bohemian canteen with jazz/soul and legendary parties.

Faces	SW / West
Organised	Yes
Access	Moderate
Food	Canteen — famous music
Sunset	Excellent
Notes	Beach parties institution

6. Likodimou

Secluded west-coast sandy cove via Logothetianika. Wild, total solitude.

Faces	West
Organised	No
Access	Hard — dirt road + path
Food	None
Sunset	Excellent
Notes	Pair with Ag. Eleftherios

12. Kapsali

Two bays below Chora castle. Blue Flag. Nightlife, watersports, boat trips to Hytra.

Faces	S / SE
Organised	Fully — everything
Access	Very Easy — 2km Chora
Food	Magos, Tony's, Alatarea
Sunset	Good — over Hytra
Notes	Water taxi. Night swimming

14. Paleopoli

Largest beach. Birthplace of Aphrodite. Faces south — Meltemi-sheltered. Minoan tombs.

Faces	South
Organised	Partly
Access	Easy — wheelchair
Food	Canteen; Avlemonas
Sunset	Partial
Notes	Baths of Aphrodite. Camping

More beaches to explore

3. Firi Ammos (Kalamos)

Reddish-purple pebbles, Santorini-like cliffs. Blue Flag. Always space.

East · Easy–Mod

5. Diakofti

White sand, shallow turquoise water. Shipwreck offshore. Protected by pier and island.

E / NE · Very Easy — wheelchair

7. Kalami

West coast below Mylopotamos. 1km walk + rope descent. Exotic cove reward.

West · Very Hard — rope · Sunset

8. Avlemonas Bay

Picturesque fishing harbour. Rocky swimming among tavernas.

E / SE · Very Easy

9. Kaki Lagkada

Mouth of Barbarossa Gorge. Blue Flag. Beach volleyball tournament.

N / NE · Easy

10. Limnionas

Sheltered west-coast cove. Lake-like calm. Path to heart-shaped Pisina pool.

West · Easy — scenic 7km · Sunset

11. Fourni

North coast. Grey pebbles, crystal water, jazz canteen.

N / NW · Moderate

15. Platia Ammos

North coast. Broad sandy beach, Peloponnese views. Village tavernas.

N / NW · Very Easy

17. Lorentzo

Small, deserted, crimson sand with sea caves. Snorkeller's paradise.

NE · Moderate

19. Kiriakoulou

Hidden south-coast cove. White pebbles, green water, fjord-like cliffs.

South · Very Hard — boat/gorge

21. Feloti

Secluded SE cove. Dramatic narrow cliff road. Cave church of Agia Pelagia.

SE / S · Hard — narrow road

23. Ammoutsis

Northern beach. Cave provides all-day shade. Absolute solitude.

N / NW · Very Hard — boat/500m

13. Kombonada

Largest east-coast beach. White round pebbles. Wild. Rarely crowded.

East · Easy

16. Firi Ammos (Ag. Pelagia)

NE coast, red pebbles, deep water. Not for small children.

NE · Easy–Mod

18. Limni

Small unorganised beach south of Paleopoli. Naturist-friendly.

S / SE · Moderate

20. Sparagario

Canyon-walled cove next to Kapsali. Calm water. Traditionally nudist.

South · Mod — 10min from Kapsali

22. Agios Eleftherios

Wild west-coast beach via Logothetianika. Beautiful rock colours.

West · Hard · Sunset

24. Agiou Nikolaou

Northernmost beach below Moudari lighthouse. Gorge with running water.

NW / N · Moderate · Sunset

Quick Reference

When the Meltemi blows

Melidoni, Limnionas, Kalami, Likodimou, Ag. Eleftherios · Chalkos · Kapsali · Paleopoli · Diakofti

Calmer for families

Diakofti, Kapsali, Paleopoli, Platia Ammos

Sunset beaches

Melidoni, Limnionas, Kalami, Likodimou, Ag. Eleftherios · Ag. Nikolaos · Kapsali

Solitude guaranteed

Kiriakoulou, Ammoutsis, Likodimou, Ag. Eleftherios, Kalami, Limni

Best organised

Kapsali, Kaki Lagkada, Diakofti, Chalkos, Firi Ammos (Kalamos)

Our Favourite Places to Eat

Most places are small, family-run, and cook with what the island gives them. We've eaten at all of these and keep going back. Many pair naturally with a nearby beach.

Our Favourite Restaurants

1. Stou Halikokou, Pitsinianika

Village kafeneio turned beloved restaurant. Tables under old trees, handmade sweets, meze, traditional cooked dishes. Live music some evenings.

Afternoon, evening. • Combine with Melidoni.

2. Lemonokipos, Karavas

Serene terrace in lush Karavas. Fresh fish and fried zucchini.

Combine with Lykodimou, Fourni, Platia Ammos or Lagada.

3. Platanos, Mylopotamos

Under plane trees. Famous tiganopsomo (fried bread with cheese), quality meat and seafood.

Afternoon or evening. • Combine with Kalami, Melidoni, Limnionas.

4. Skandeia, Paleopoli

Beside Ancient Skandeia's archaeological site. Fresh fish daily — ask to see the catch. Phone ahead.

Lunch, afternoon. • Combine with Kaladi, Paleopoli, Avlemonas.

5. Psomoladea, Avlemonas

Modern Mediterranean in a 400-year-old building. Leek-and-pork pie, seafood soup, orzo. The island's top dining. Book ahead.

Evening. • Cocktail at Arachtopoleio afterwards.

6. Tony's Pizza, Chora

Sunset view over Hytra and castle. Fresh ingredients, thin dough. Very busy at golden hour.

Around 8pm. • Combine with southern beaches.

7. Filio Tavern, Kalamos

Institution since 1988. Everything grown on premises — smoked pork, hand-milled wheat, own wine. Xinohontros and rooster in wine legendary. Reserve after 5pm.

All hours. • Combine with Chalkos and Firi Ammos.

8. Familia, Fratsia

14th-century village. Chef Giannis blends Cretan-Kytherian traditions. Pappardelle with truffle oil is exceptional. Book day before.

Dinner.

9. Panaretos, Potamos

Main square. Roasted aubergine with tomato. No frills, honest food.

Five minutes from the house.

10. Fiorenza, Platia Ammos

Good food, great north-coast location off the tourist trail.

11. Karavas Bakery, Karavas

Fresh baked goods and coffee. Morning stop before northern beaches.

12. Waves and Wines, Ag. Pelagia

Interesting menu departing from tradition, good wine selection.

13. Trattamento, Kapsali

Waterfront. A local's favourite with reliable traditional cooking.

14. The Magician (Magos), Kapsali

The island's fish taverna. His fish broth is famous.

15. Alatarea, Kapsali

Seafood on the waterfront. From the sea, by the sea.

16. The Goldfish, Kapsali

Funky — craft beer and sushi. Unexpected on a Greek island.

17. Belvedere, Chora

Refined food, spectacular castle and Kapsali view. Evenings.

Evenings.

18. Zorbas, Chora

Classic grill house. Straightforward meat, well executed.

19. Toxotis, Livadi

Own olive oil and veg, good local meat, consistent service.

20. Maria's Traditional Sweets, Livadi

Handmade sweets and coffee. Spoon sweets, honey pastries.

21. Pierros, Livadi

Rooster in tomato, slow-cooked lamb, local wines.

22. Kokino Spaletto, Frilingianika

Live music weekends. Home-style food. Largely locals.

23. Michalis, Mitata

Mountain village, staggering gorge view. Own produce, very good.

24. Theia (Aunt), Ag. Pelagia

Grilled pork chop is a must. Closes 7pm.

From Coffee to Cocktails

Our Favourite Cafés

1. Anna Fresh & Tasty, Agia Pelagia

Right on the beach — brunch to late-night cocktails. Burgers, omelettes, salads with local products, homemade sweets, coffee, ice cream.

Brunch to late night. • Swim between courses.

2. Astikon, Potamos

Sunday bazaar in the square with local products. Worth a walk and a coffee.

3. Fossa, Chora

Best breakfast in Chora. Avocado toast and proper coffee.

4. Thodoris Grigorakis, Aroniadika

Traditional bakery. Try the triangular cheese pie.

5. La Veranda, Avlemonas

Perfect balcony overlooking the harbour.

6. Mpotzio (Botzio), Avlemonas

Great desserts. Better pastry than the view next door.

7. Kapari, Kapsali

Full-day spot — swim, lunch, drinks. Get the ceviche.

Our Favourite Bars

8. Il Mercato Bar, Chora

Lively evening scene, younger crowd.

9. Choraki Bar, Chora

Boutique shop's back veranda until late.

10. Arachtopoleio, Avlemonas

Live music overlooking the water. Very chill.

11. Astikon, Potamos

Live music and legendary dance parties. An institution.

Kythira eats slowly and well. Follow the locals, arrive hungry, and let the island feed you.

Good to Know

Emergency Services

Emergency (Pan-European)	112
Ambulance	166
Police	100
Fire	199

Medical Help

Kythira General Hospital — Aroniadika — +30 27360 33203

Nearest Pharmacy — Potamos — +30 27360 34220

Host Support

Primary contact	John +30 6955 488002
Secondary contact	Daca +30 6948 071859
WhatsApp	+30 6955 488002

We hope you love Kythira as much as we do. The island has a way of slowing you down and filling you up — let it. If you need anything at all, don't hesitate to reach out.